



Dear Parents,

We would like to welcome you and your children to Healthtrax Fitness and Wellness!

With the comfort and safety of all our members in mind, we ask that members and guests respect the following courtesies:

- All Swim Lesson clients must register for admittance at least 24 hours prior to first lesson. Registration is available in person only Monday, Wednesday and Friday from 1-4pm or after 7pm and Saturday from 1-4pm.
- Cell phone use and food is permitted only in the lobby area. Drinks need to be in a spill-proof, covered plastic container.
- Children must be directly supervised unless you are using the Youth Activity Center which is provided for a discounted fee of only \$2.00 per child. For hours and usage details please see the Youth Activity Center.
- Please use the family changing area located outside the pool just before the women's locker room. Children are NOT allowed in the men's/women's locker rooms. If restroom is occupied by others use restrooms located by the front desk.
- Lockers are available in the family changing area- Please bring you own lock.
- Disposable Swim Diapers are mandatory for all children not fully potty trained.
- Children showing signs of illness will not be permitted in the pool.
- Everyone must shower before entering the pool.
- There is no diving or jumping into the pool.
- We are required to maintain a five feet walk way around the pool; therefore chairs are not allowed to be moved. Please do not use physical therapy chairs.
- Strollers are not allowed on the pool deck.
- Guests visiting Healthtrax must receive prior authorization to gain access- space is limited.

As a new fitness participant you can receive a FREE 2 week Healthtrax Family Membership, please see Sandy Dorta or Guest Services for details. The 2 weeks expire 60 days after your first swim lesson.

Welcome and please let me know if you have any questions.

Carmen Kellum  
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